



# ANNUAL REPORT 2022 CELEBRATING 19 YEARS

# COVER PHOTOS 2022

The cover photos on the front and back pages are of the various projects in action in 2022

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## VISION STATEMENT

Mosamaria AIDS Ministry envisions all people in the Free State showing God's love in practical and effective ways to all those whose lives have been affected by HIV and TB and to all who have been infected with HIV and TB.

## MISSION STATEMENT

To work tirelessly and with complete dedication to:

- Eliminate stigma, empower through knowledge, and decrease the spread of HIV through information, education and compassionate communication.
- Provide a network of care and support to as many people living with HIV and TB as possible.
- Provide a highly professional HIV Confidential Counselling and testing service and TB screening.
- Provide support to Orphans and Vulnerable children and a range of services to their families.
- Work together with other organisations and churches with the same vision as Mosamaria.
- Advocate for better services for people living with HIV and TB.

## MOTTO / SLOGAN

"If God is with us, who can be against us".

*[Romans 8:V-31] ~ English Version ~*

"Ha Modimo a na le rona, ke mang ya tla ba khahlanong le rona"

*[Romans 8:V-31] ~ Sesotho Version ~*



## LOGO SYMBOLISM

The sun represents the warmth and care given to those in need by Mosamaria. The flower represents growth and progress in healthy living with HIV. The Red Ribbon, a well known symbol for HIV, wraps around the images and name to unite the elements



# COORDINATOR'S REPORT

## TRUDIE MATSHIDISO HARRISON

After the COVID Pandemic throughout the world started to dissipate in 2021, we were all left with the many disastrous knock-on effects.

It was said that the world would never again be the same after COVID, and in many instances this was true, and left us all reeling, wondering how we could catch up on work not done and services not rendered.

Many people struggled with the after-effects of isolation, and it seemed to take ages for Pre-COVID, "normal life" to be restored. The hardest blow to Mosamaria was the impact of most of the big

international funders spending on COVID, with the ensuing lack of funding for HIV/AIDS and TB, which had continued to be the biggest killers in South Africa.

Calls for funding proposals for these diseases were very limited, and Mosamaria was not able to sign any new funding contracts, except for one with the Department of Social Development, for Behaviour Change. This was a very mixed blessing, as it was impossible to implement the contract without Mosamaria contributing additional funding from its reserves.

Mosamaria continued to provide services to the most marginalised communities in the Greater Mangaung district, thanks to the people of the Anglican Diocese of Blackburn in the UK. Bishop Julian had called on his parishioners to donate generously to the 2021 Harvest Festival Appeal, and they rose to this call splendidly. In total, we received the amount of R 394,605.00 from this Harvest Festival. Considering how they had suffered from COVID in the UK, and that many of their parishioners are elderly pensioners, this was most heart-warming.



TRUDIE HARRISON

*JM Harrison*

# CHAIRMAN'S REPORT

## CHRISTO

Non-governmental organisations (NGOs) are an integral part of a democratic society. From a sociological perspective, by implementation of the principles of subsidiarity, solidarity, civil society, social dialogue and participatory democracy, NGOs enhance social integration and development.

They have important roles within health systems including provision of medical, social and psychological services and health advocacy. Because of their ability to more easily provide services to high-risk groups, NGOs such as Mosamaria play a

critical role in tuberculosis (TB) and AIDS prevention and treatment programmes, particularly when it comes to reaching the 'poor of the poor.' NGOs possess several advantages over government agencies such as having rich experience working at the community level; their autonomous nature which allows them to respond more quickly, their proximity and easy access to marginalized groups; and their cost-effective methods of operation.

Though offering a great vehicle for combating epidemics (and pandemics such as COVID-19 which greatly harmed TB and HIV mitigation efforts in South Africa), NGOs have to overcome several obstacles, including lack of government and donor support, and resultant lack of funds and resources.

Effective TB and HIV treatment delivery in high-burden countries increasingly requires a multisectoral approach. NGOs play a complementary role to the formal health sector in effecting TB and HIV treatment delivery by training facilitators and recruiting and training lay volunteers for directly observed treatment. A key challenge is the paucity of systematised information to enable rigorous evaluation of the effectiveness of NGOs' contributions.

This contributes to inadequate funding as potential donors are sceptical about supporting activities whose value they cannot assess. Thus, NGOs in the current climate often operate with meagre funds. As reflected in its declining staff and number of outreach activities, this also the case with Mosamaria. However, the NGO's resilience and tenacity in continuing to operate under difficult conditions is depicted in the 2022 annual report. As chairperson of the Mosamaria board, I would like to complement and thank the staff for their unbridled passion and dedication under difficult conditions. They really are an example to all of us.

PROF. CHRISTO HEUNIS  
Chairperson: Mosamaria Board



PROF CHRISTO HEUNIS  
CHAIRPERSON

# CENTRAL CHRONIC MEDICINE DISPENSING AND DISTRIBUTION PICK-UP-POINT

## (CCMDD PUP) REPORT 2022



The CCMDD Pickup-point service had been delivering medication to over 2,000 clients since 2021. This meant more than 800 parcels were delivered a month.

The wear and tear on the Mosamaria vehicles and the exorbitant price of petrol, and the virtually non-existent roads, had forced Mosamaria to close the project at the end of April. The good rain really destroyed what bad roads there were, and the team often got stuck in the mud.

Anglo American Funds had paid for this service. The NDoH had only subsidised Mosamaria R 95,102.00 from the beginning for this service up to 30 April 2022.

Mosamaria had to take the painful decision to stop providing this service on 30 April 2022, because the cost was just too high. Sadly in the new National Plan, home deliveries are seen as a priority service to encourage ART adherence.

# YOUTH SERVICES

## HIV COUNSELLING AND TESTING REPORT 2022



The Team which had been running the CCMDD service that ended in April 2022, started providing mobile community-based HIV counselling and testing and TB and STI screening.

It was comprised of Disebo Monyaki and Katlego Marumo from June onwards, with funds received from the NLC.

The team managed to work from tents in areas of Mangaung with high pedestrian traffic through flow, especially at places where scholars and students walked each day to get to and from the institutions of learning like the Central Business District and Taxi Ranks.

They worked for extended hours to assist that the students that were going home late from school could be tested even when the clinics were closed.

# YOUTH SERVICES

## HIV COUNSELLING AND TESTING REPORT 2022

Age	Jun-22		Jul-22		Aug-22		Sep-22		Oct-22		Nov-22		Dec-22		Year 23 Accumulatives Total	
	Male	Females	Male	Females	Male	Females	Male	Females	Male	Females	Male	Females	Male	Females	Male	Females
15-20	114	168	73	80	33	56	84	97	65	95	57	103	0	0	426	599
21-25	398	408	143	189	66	80	141	174	168	174	168	210	0	0	1084	1235
26-30	195	31	40	119	117	108	192	232	205	185	217	160	0	0	966	835
31-35	151	26	125	98	101	62	150	102	176	135	185	103	0	0	888	526
Other	38	2	160	118	126	66	184	111	211	118	195	121	0	0	914	536
reactives	3	8	7	14	3	3	4	9	4	6	7	10	0	0	28	50
non-reactives	893	627	534	590	440	369	747	707	821	701	815	687	0	0	4250	3681
<b>Total Seen (excl Dialogues)</b>	<b>896</b>	<b>635</b>	<b>541</b>	<b>604</b>	<b>443</b>	<b>372</b>	<b>751</b>	<b>716</b>	<b>825</b>	<b>707</b>	<b>822</b>	<b>697</b>	<b>0</b>	<b>0</b>	<b>4278</b>	<b>3731</b>
<b>Dialogues</b>							250	435	130	198	175	250	640	655	1195	1538
<b>Total Seen (Incl Dialogues)</b>							2503	2583	2605	2319	2641	2341	640	655	14029	12731
<b>Condom Distribution</b>	800	10	750	23	225	13	800	20	898	12	973	0	520	155	27632	24863

Every single client who tested HIV+ was given intensive counselling and support and referred to a clinic of their choice to be initiated into ART.

Disebo and Katleho kept in touch with these clients to ensure that they were on ART, and dealing with the side-effects (if any).

Unfortunately, some clinics still insist on waiting for a blood tests to be done before they initiate ART, which is completely against the policy of the DoH (Department of Health).

This results in the risk that the HIV+ client will not return for the blood test results and will not start treatment.

Outreaches were done at the request of the management of Higher Education, UFS, CUT, Motheo TVET, and several private Colleges. They also continued to support campaigns by the DoH and other NGO's in Mangaung.



# ORPHANS AND VULNERABLE CHILDREN (OVC) REPORT 2022

The Mosamaria Food Garden's have been part of the OVC Project for 19 years and have been very successful in providing additional income for households as well as providing food for the OVC families and caretakers. Last year this programme partnered to include the Green Anglicans.

Green Anglicans is a movement started by the Anglican Church of Southern Africa which is focused on empowering, encouraging and holding the church accountable in caring for the earth that God has graciously placed us in.

This partnership helped by Mosamaria expanded the Green Anglicans Movement gardens, by training 30 new families to push our number of vegetables to 70 Families. Mosamaria is grateful for the growth in partnering with Green Anglican Movement.

We are looking forward to many more partnerships and celebrating years of environmental care and food security programs.



GREEN ANGLICANS



# FOODSHARE PROGRAMME

Mosamaria entered into a signed agreement with FoodShare, an NPO which channels food donated by markets and businesses for the impoverished communities of South Africa.

Mosamaria pays R200 per month and receives donated food once a month. Each time there is a good harvest Mosamaria receives a second collection.

The donated amount depends on the variety of food which was donated to FoodShare. This included maize meal, toiletries, rice, cabbages, carrots, and oranges. The value of these donations far exceeds R200 per month.

Foodshare has a very smart system of notifying members when to collect food and they have a very strict procedure to control the beneficiaries of the food.



# SOCIAL AND BEHAVIOURAL CHANGE PROGRAMME



This programme was funded by the Department of Social Development (DSD), and Mosamaria was contracted to achieve certain goals in the number of people reached by each different module. Unfortunately, the sum of money from DSD fell far short of the actual cost of implementing the programme.

In spite of Mosamaria bringing this to the attention of DSD on numerous occasions, and pointing out that there was no provision whatsoever for management and overhead expenses, DSD did not even bother to reply to our written requests. So, Mosamaria subsidised DSD to implement their programme!

The previous programme for the year ending March 2022, ended and Mosamaria had to wait to sign a new contract. The contract was eventually signed in June, and the first tranche paid. This meant that our staff were sitting unemployed for three months. When the contract was signed, a whole year's work had to be done in 9 months.

## 1. YOLO (YOU ONLY LIVE ONCE) COURSE

A Program aimed at reduction of HIV Infections, and teenage and unplanned pregnancies, aimed at reaching 160 teenagers.

## 2. FMP (FAMILIES MATTER PROGRAM) COURSE

Families Matter program is a family-directed program that improves and guides parents on how to talk to their children about challenging topics or topics regarded as taboo across different cultures. The slogan is “If you are not talking to your child, who then is doing the talking”. The program aimed at reaching 600 families.



## 3. BCC (BOYS CHAMPIONING CHANGE) COURSE

## 4. MCC (MEN CHAMPIONING CHANGE) COURSE

The two programs aim at reducing Gender Based Violence and family-related matters that are seen as contributing forces to the destabilization of families' well-being. The BCC was developed as an outcome of a session that showed that kids learn from their fathers to treat Women badly and that Kids are growing up in an unstable emotional environment resulting in them growing up angry and with emotional imbalances. Thus the program is aimed amongst others to address those areas in a boy child, for BCC our target was 760. For MCC Mosamaria targeted 760 men.



## 5. KE MOJA COURSE

Is a program designed to challenge and strengthen Youth abilities to make decisions and stand by them, to learn to say No, and to learn to be confident about their choices. The program addresses peer pressure and drug and alcohol abuse sensitization. The target was hosting two-holiday camps of 50 participants each.

This program also incorporated our OVC after-school homework and reading groups.

The staff have done very good work and will achieve all the targets by the end of March 2023.





# COVID COMMUNITY MOBILISATION REPORT 2022



Mme Florina Tlali had been hired for only four months to implement the NGO support for Community Mobilisation for COVID Vaccination. Mosamaria had signed a contract with the DG Murray Trust and Tshikululu for R100,000 to implement.

She had worked very well with the team from FSDoH and the DG Murray Trust and NHL (National Health Laboratories), and in 4 months 42,720 people had been vaccinated.

Mme Florina is a formidable expert on community mobilisation and has built up a very strong relationship with thousands of community members over the 15 years that she has worked on different Mosamaria projects.

When she started with this project they had reached 25% of the target in 7 months, and when she left they had reached 74% of the target. Dr.Nthathi who led the project for the FSDoH had stated publicly that they could not have achieved these results without Mosamaria.

# MOSAMARIA PARTNERSHIPS

## REPORT 2022



Our Partnerships with other entities increased in 2022. We were invited to be members of the following :

- LACCA - Local Action Committee for Children Affected by HIV/AIDS
- DACCA - District Action Committee for Children Affected by HIV/AIDS
- PACCA - Provincial Action Committee for Children Affected by HIV/AIDS
- Free State AIDS Council
- Heart Lines

We would like to thank Sipho Nopotwe from Cavalry Dancers for coming to teach our OVC group line dancing. Movement and body confidence is an essential part of childhood development and the children and caretakers had great fun learning to dance in synchronisation. It was a great honour to have Sipho gift his time to Mosamaria as he has danced all over the world and has most wonderful vision to bring hope to various communities through a multi-cultural inclusive dancing community.

Shoprite ACT For Change deliver food to our OVC programme once a quarter which we are incredibly grateful for. It is an unfortunate factor in Africa that children often are too hungry to be able to learn so without being able to provide food to our children then we cannot expect the support services we provide to be successful.

Mme Kelebogile Ditema has been elected as the Deputy Chairperson for the Children' Sector in the National body South African National AIDS Council (SANAC)

# BOARD

## REPORT 2022

The Mosamaria Board met every quarter as required by the Mosamaria Constitution, under the chairmanship of Prof. Christo Heunis.

The members of the Board for 2022 were:

Chairperson: Prof Christo Heunis  
Secretary: Mme Nomathemba Nkabi  
Treasurer: Mme Julia van Wyk

Board members: Mme Sondiyazi and Mme Nini Sethojane

Chaplain: Moruti Tshegofatso Msibi  
Mosamaria Coordinator: Trudie Harrison  
Mosamaria Programmes Manager: Thapelo Mabule

The Mosamaria AGM was held 20 July 2022.

Dr. Blekie, has retired from the Board as she relocated to Gauteng to be nearer her son. Unfortunately, the Board has not been able to honour and thank her properly for all the work she did, serving on the Mosamaria Board for over 25 years.

*Please refer to the article quoted on the following page titled 'CUT honours Dr Blekie with Chancellor's Excellence Award'*

Mosamaria is very grateful to the members of the Board who attend meetings regularly, to give guidance and support, as without them, Mosamaria could not exist.

Mme Msibi, the Mosamaria Chaplain, has played a very active part in the work of Mosamaria this year, getting involved with all the work, like agreeing to be counselled and tested herself at a student Outreach, to set an example, and handing out condoms dressed in her priest's outfit with a "dog collar". She has also been involved with the OVC, teaching them about the real meaning of Easter and Christmas, and helping prepare and serve the food.

# NEWS ARTICLES

## CUT HONOURS DR BLEKIE WITH CHANCELLOR'S EXCELLENCE AWARD



Madam Chancellor Justice Mahube Molemela presenting Dr Ellen Blekie with the Chancellor's Excellence Award at the autumn graduations. Dr Blekie is the third recipient of this award since its inception in 2017.

CUT's Chancellor Justice Mahube Molemela honoured Dr Ellen Blekie with the Chancellor's Excellence Award at the autumn graduations for her remarkable contribution to the community of Thaba Nchu with a record of well-established distinction and achievements in community service initiatives and innovations in the region.

This award is conferred to those individuals who have contributed profoundly to the progress of human society based on their leadership abilities demonstrated consistently and their capacity to guide and motivate others to excellence, with a proven commitment to serving and improving the community. Dr Blekie is the third recipient to receive this award since its inception in 2017.

When receiving her award, Dr Blekie expressed her sincere appreciation and thanked CUT for thinking of her contribution to society. *"I am overwhelmed and excited about what is happening. I would like to thank the Chancellor, Vice-Chancellor, Senate and everyone at CUT for thinking of me. I never expected this. To me, I was just doing my job and helping people. I hope the students who are here will take it to heart that whatever you do someone is watching. It is up to you to see that this country is becoming a better place to live in, and I hope that you will try to have the qualities that will one day land you on this platform."*

# BLACKBURN

## MOSAMARIA TRUST

We were blessed with visitors from our link Diocese of Blackburn in 2022. Father John Hall made a private visit as he was retiring from the Blackburn Link Committee, but would still serve on the Blackburn Mosamaria Trust. Mosamaria is greatly indebted to Father John for the amazing support he has given Mosamaria over 20 years. Mosamaria would be unknown in Blackburn had it not been for him speaking out about it, and gathering a team of dedicated members for the Blackburn Mosamaria Trust.

Father Sam Cheeseman, the Blackburn Bishop's Chaplain also visited and spent time with Mosamaria assessing the work that is being done. He was the prime mover in getting Bishop Julian to agree to the 2021 Harvest Thanksgiving to be donated to Mosamaria. We received R394,605.00 from this appeal, for which we are most grateful. Bishop Julian has retired and a new bishop will be elected by the end of December 2022. Father Sam Cheeseman will remain the Bishop's Chaplain and will be the new chairman of the Mosamaria Trust in Blackburn. He is very supportive and hopes to support Mosamaria for many years to come.

John Eastman, the previous chairperson of the Mosamaria Trust in Blackburn has raised vast sums of money by completing long walks which are sponsored by funders. Father Michael Angus' so blessed us by asking that the wreath's money at his late father's funeral, be donated to Mosamaria. Father Michael Angus' visited Mosamaria a few years ago and remained a dedicated supporter.

Jill Burrow must be thanked for her dedicated work over many years, for Mosamaria.

Jill has overseen all the administrative work, managed the finances and all the money donated to Mosamaria, and given talks to many different parishes over the years, to inspire parishioners to support Mosamaria.





# FINANCIAL REPORT

With support from Mme Julia van Wyk, the treasurer, it was decided in January 2022 to change bookkeeping services from CORE XERO Cloud to My Finance DEXT. Mme Dusty Mogapi was trained and this system was used retrospectively from January 2022 after the 2021 audit had been completed. My Finance will be responsible for producing monthly financial reports and all SARS returns. The audit would still be done by a separate audit firm.

At the end of January 2022, the Department of Social Development called Mosamaria to donate a further sum of R162,900.00 which had to be used for Social Behaviour Change community workshops by the end of March (DSD's financial year end). In total R 701,414.00 was received from DSD for this project in 2022.

## FUNDING RECEIVED FOR 2022

· Department of Social Development	R 701,414.00
· DG Murray Trust	R 100,000.00
· NLC	R 431,440.00
· Blackburn Diocese	R 394,605.00
· NDoH	R 35,299.00

George Wasserman, Mosamaria's most faithful and generous individual donor, has continued to make a monthly donation for many, many years now. He has increased the donations to cover inflation each year.

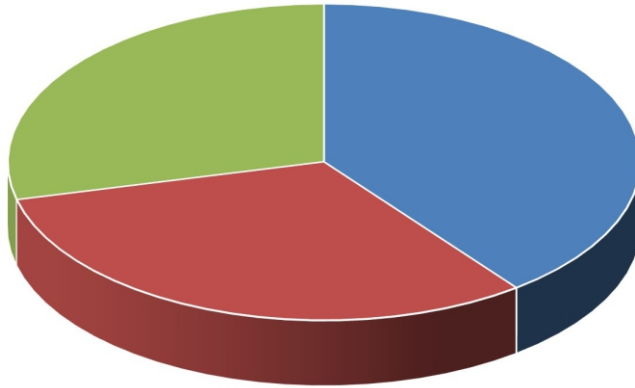
We are immensely grateful to Ntate George for this steady income, which is true sacrificial giving on his part. How we wish more people were willing to give like him.

We issue all donors with Section 18(a) tax certificates so that they can claim the annual amount from their taxable income.

*Please refer to the Financial Statements that are individually posted on the website.*

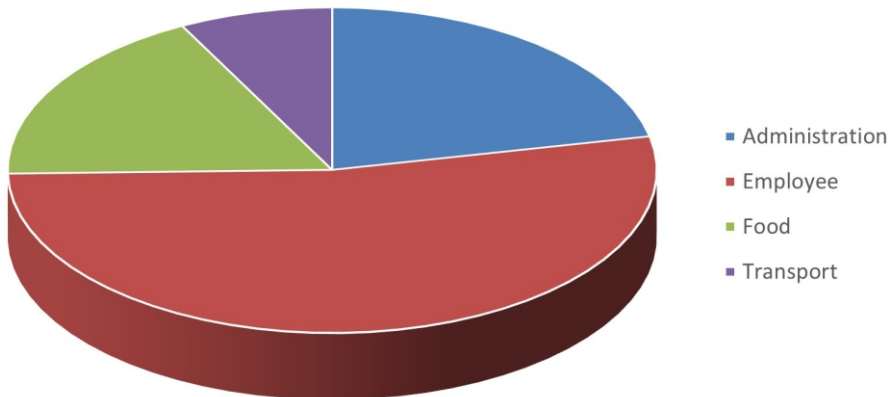
# FINANCIAL OVERVIEW 2022

### Total Income 2022



■ Dept Social Dev ■ Nat Lottery Comm ■ Blackburn

### Total Expenditure 2022



■ Administration  
■ Employee  
■ Food  
■ Transport

# MOSAMARIA TEAM

## REPORT 2022

It has been a very painful and sad experience for Mosamaria to lay off so many staff members as project funding ended. From January 2021 when there had been over 110 employees, there were now only 8 employees due to lack of funding. The CCMDD Pick-up-point TB Programmes, Youth Services, COVID Community Mobilisation, and Behaviour Change projects had all stopped at different stages during 2022.

Trudie Harrison resigned from the post of Mosamaria Coordinator at the end of April, after 17 years of service. She had been ill with COVID Omicron in January 2022. Although it had not been severe, for which she was grateful to God, she had felt exhausted with the COVID mental fog, for three months. She says this was probably exacerbated by senile dementia! Thapelo Mabule, Dusty Mogapi, and Kelebogile Ditema had been running Mosamaria competently for a long time with very little input from Trudie.

After much thought and debate the management committee had decided that Trudie would hand over her responsibilities to Thapelo Mabule who would be the overall Programmes Manager. Trudie would still assist with searching for funding and compiling funding proposals and compiling reports, as far as was needed. She would always be available for support and advice to the management team, as Mosamaria was and would always be her passion.

Sadly, with the diminished staff, Tsholo Mona could no longer be employed as the HR Officer. We bid her farewell with great sadness after 7 years. Dusty has taken over the HR work and produces the salary payroll every month.

Ntombi Sundays, one of our OVC Facilitators produces a baby girl in December 2022. It is her second child, well spaced with her first, and we are delighted for her and her family.



# CONCLUSION

## TRUDIE HARRISON AND THAPELO MABULE

During one of our Board meetings in 2022, Mme Julia van Wyk, our treasurer, proposed that we should reach out to donors in the USA who are willing to support HIV and TB Programmes. This gives us hope and an opportunity to revisit and return to the original vision and objectives of Mosamaria from when it was founded in 2003.

Mosamaria was started with one programme and that was supporting orphan and vulnerable children who had been infected or affected by HIV/AIDS. It is a saddening fact that these children are still suffering from the same problems, even though the death rate from HIV related diseases has decreased. Our children are challenged on a daily basis with malnutrition. 30% of all children in South Africa have their physical and mental development stunted by or sheer lack of nutrition.

There is much which can be done by Mosamaria to alleviate the suffering of these children, but the primary need remains providing them with food which we need donations to do so. We are teaching them to grow vegetables in their own yards at a very low cost. The investment of this is at the discretion of the homeowner, as the success lies in the simple fact of the more energy spent on making the garden, the more produce is realised for the family.

The staff members of Mosamaria have provided a wide range of services for children which include modules on social behavioural change such as line dancing, chess, drama, netball, soccer, volleyball, mini cricket, assistance with homework, school uniforms, and sexual and reproductive health education as well as HIV and TB screening and testing and adherence support for those taking ART.

As soon as we have receive an offer of funding to implement HIV and TB programmes, we shall do so. As a team we still have the knowledge and skills to run these services for the community. We live in hope that the Free State Government Departments will recognise that Non-profit organisations, such as Mosamaria, can provide these services with passion and motivation, if they gave us funding.

We continuously pray for funding from the rest of the world in the hopes that we can grow our services and serve a wider community and continue to make a difference in our beloved country, South Africa.

May God bless everyone that supports Mosamaria in working to achieve its aims and objectives, our donors, the Board Members, the community, our staff members and our beneficiaries.



**#BESMART**



**WEBAWARE**

Layout Design and Media Publication  
[www.webaware.co.za](http://www.webaware.co.za)



"If God is for us, who can be against us"  
"Ha Modimo a na le rona, ke mang ya tla bang khahlanong le rona".

